



City of East Orange

Department of Health and Human Services

143 New St.

East Orange, New Jersey

August 2015

National/Local Health Observances/Contact Information

National Immunization Awareness Month- August 1 through 31, 2015. This observation serves as a reminder for all ages to update their immunization status with their physician's recommendation(s). Vaccine preventable diseases like whooping cough and measles are being diagnosed and cautiously monitored in communities world-wide. Information is available for the following groups: Infants and pregnant women, school aged children, pre-teens and teens, young adults and adults. The Shingles vaccine for seniors is now available for administration at local pharmacies and the East Orange Health Department. Call the Nursing Dept. for information or an appointment at 973-266-5463.

Center for Disease Control (CDC) Health Alerts

Adolescent and Adult Vaccine Quiz: Did you know that certain vaccines are recommended for adults and adolescents?*
find out which vaccines YOU may need, go to <http://www.nphic.org/niam>

Adolescent and Adult Vaccine Quiz: Did you know that certain vaccines are recommended for adults and adolescents?* vaccines YOU may need. This quiz provides information for people age 11 years and older.

National Breastfeeding Month August 1-31, 2015 Ongoing government research consistently confirms babies who are exclusively breastfed for six months are less likely to develop ear infections, diarrhea, respiratory illnesses, and may be less likely to develop childhood obesity. To help make people aware of these benefits the United States Breastfeeding Committee (USBC) has made it their mission "to improve the Nation's health by working collaboratively to protect, promote, and support breastfeeding." (USBC 2014)